

Mount SI Wrestling Attendance Policy

Wrestlers and parents, this policy has been documented to serve as a guideline for you to understand the importance of attending practice regularly. Attending practice is tough but it should be considered a privilege. Missing practices should be avoided at every cost, as it affects the entire team! When you miss, you miss instruction and everyone else has to slow down to catch you up! Don't be that guy! Be part of the team!

We also value family, academics, and other important events outside of the wrestling room. We expect good grades, good citizenship, and respect those with jobs, and strong family ties. These obligations should be met outside of practice, and competition time.

Competition Eligibility

1. Each wrestler must have 12 practices completed to participate in a WIAA event. Workouts done outside of practice do not count, and the student must have a completed clearance packet to count any activity as a practice.

Excused Absences

1. **1st-2nd excused absences** – will be documented by coach and the wrestler will be able to participate in following event if eligible to compete via WIAA competition eligibility rules.
2. **3rd-5th excused absences**—will be documented and the wrestler will be able to participate at ***Junior Varsity*** level for the following week, if eligible via WIAA rules. The wrestler must wrestle off for his varsity spot the following week.
3. **6th excused absence**— will be documented and the Wrestler will be able to participate at ***Junior Varsity*** level for the remainder of the regular season.

Unexcused Absences

1. **1st unexcused absence** – Wrestler loses varsity position for 1 week and spends 15 minutes after the following practice.
2. **2nd unexcused absence** –Wrestler loses varsity position for 1 week and spends 15 minutes after the following 2 practices.
3. **3rd unexcused absence**----Wrestler is removed from the team.

Early Dismissal from Practices

1. **1st early dismissal (excused or not)** – Wrestler will stay late the following practice for the amount of minutes he left early the day before.
2. **2nd- 6th early dismissal**---Wrestler will stay late the following practice for the amount of time he left early the day before and lose his varsity spot for the week or not be allowed to wrestle off for varsity that week.
3. **7th early dismissal**---Wrestler will meet with parents and coaches to discuss commitment and potential removal from team.

Special Situations

- 1. Previous Sport Requirements-** Wrestlers who continue into the post season during the fall sport season will be exempt from these requirements until their fall season ends.
- 2. School Related Events-** Pre-scheduled Band concerts, and other academic conferences (i.e. DECA conferences) may be exempt from these requirements. It is the responsibility of the wrestler to talk with the coach ahead of time. Ski Club, and other club events (i.e. cube club, chess club, etc.) will not be exempt.